

## FALL LADIES RETREAT

Registration is still open for the fall Ladies Retreat at Cypress Park Bible Camp, October 21—23, 2022. Contact Shauna to register!

## VOLUNTEER OPPORTUNITY

**WORSHIP MINISTRY** We are looking for: Camera Operators: Commitment: Tuesday evenings (commitment is 1.5 hours) Musicians: (Specifically electric guitar and drums) Once a month rotation/ Tuesday Practice, Sunday am both Services Sound Techs: Once a month rotation/ Tuesday Practice, Sunday am, both Services ProPresenter Operators: Once every 5-6 weeks, Sunday am both services. Extensive training/ mentoring is provided for every area. All interested can contact Pastor Dave.

**Please note: Sunday, September 18,**

**We return to two services:**

**9:15 am and 11:00 am.**

**Mark your calendar.**

## Refugee Family Ministry

The Abusheffh family is requesting a freezer. Does anyone have a used freezer they could donate?

If so, please contact the Church Office @ 306.773.4889

## GRIEFSHARE

Starting on October 6.

Contact the Church Office for more info.

## East Side Church Staff

Lead Pastor: Kevin Snyder

Worship Arts Pastor: Dave Smith

Director of Care & Women's Ministries: Shauna Friesen

Family Ministry Director: Jennifer Klassen

Pastor of Discipleship: Drew Weber

Pastor of Student Ministry: Parker Wall

Sunday, September 11, 2022

Speaker: Pastor Kevin

# welcome



Love God, Love Others, Learn to Be like Him, Live His Mission

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## REBOUND

2 Samuel 16: 5 – 14; Psalm 3, 63

Sept 11/22

### INTRO

*Which ball are you?*

*How did David recover?*

*Key Point: If we are going to make it to the finish line with our faith intact, our love for Christ & his kingdom still passionate, our soul still vibrant and enthusiastic we need to discover some healthy patterns.*

### PATTERN #1: ANCHORED IN GOD (Ps 63:2; Ps 3:1))

Sept 4 summary :

*We need to find those spaces and places regularly (sanctuary) where we draw near to the heart of God, are anchored in his power and love. Where we experience God as the “lifter of our head”. Where we have our hungry weakened soul fed at his banqueting table.*

**PATTERN #2:** \_\_\_\_\_ (Ps 3: 5; 63:6; 91:4)

**PATTERN #3:** \_\_\_\_\_ (Ps 3:7,8; Romans 12:19, 1 Peter 2:23)

**PATTERN #4:** \_\_\_\_\_ (2 Samuel 19: 15 – 22)

### SERMON REFLECTION

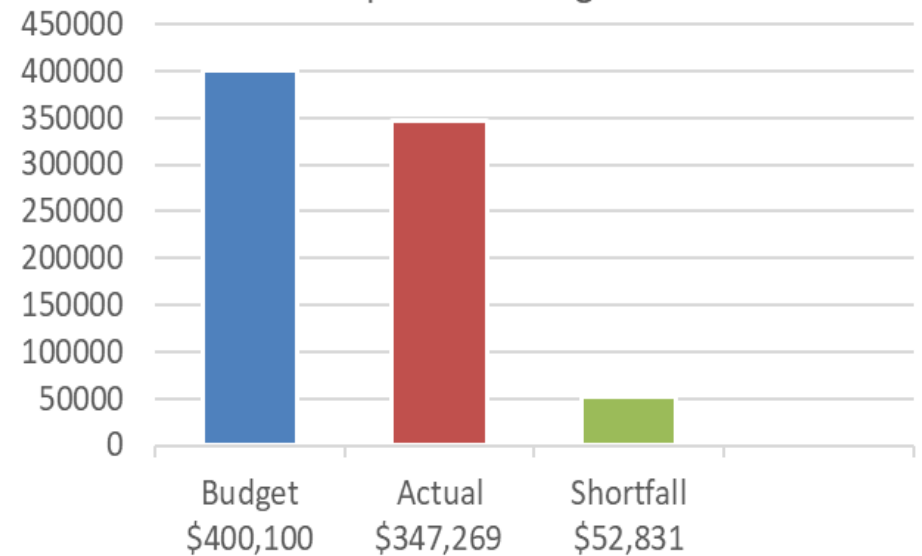
What did the Holy Spirit highlight today to you?

What do you need to apply/act on this week to rebound?

### Check your spam or junk mail for the East Side Newsletter

Going forward we will be sending out a weekly newsletter. In this newsletter will be all upcoming events, happenings, and announcements for the church. For the Minute of Faith readers, there will be a section in the newsletter for it. It will no longer be sent as a separate email. **Please check your spam or junk mail for the East Side Newsletter.** It is common when switching systems of communication for your email filter to flag newsletters as spam. If the newsletter is in your spam or junk box, select "not spam" or "move to inbox."

### Tithe Report Jan - Aug 2022



## MUM'S CAFE



A time for mom's of young children to connect, relax and have a coffee while the kids play!  
Wednesdays at 10:00 am at East Side

### Join a Life Group

Life Group is a place to get deeper discipleship and biblical community. Groups study together, serve together, and ultimately do life together. Interested in joining, hosting, or facilitating a Life Group?

Email Pastor Drew at [drew@eastsidechurch.ca](mailto:drew@eastsidechurch.ca)