## Sept. 19th, we return to 2 services @ 9:15 and 11:00 am

# **Blended family?**

**Considering creating one?** East Side Church is offering an <u>8-week</u> study called The Smart Stepfamily. This group study features teaching based on the resource by Ron L. Deal, founder of Smart Stepfamilies<sup>TM</sup>, director of FamilyLife Blended<sup>TM</sup>, and one of the leading experts on stepfamilies.

The study begins: *Sunday*, <u>September</u> <u>12th</u> from 2 p.m.-3:30 pm. at *THE CENTER*, 55 1<sup>st</sup> Avenue NE. Please contact Shauna at the church office to register or with questions 306-773-4889.



# Mum's Café

Mum's Cafe is designed for mothers with young children to connect, relax and have a coffee. It happens every <u>Thursday morning</u> <u>at 10 am starting Sept. 2nd</u> in the east wing at East Side. For updates and information, consult the <u>Events</u> page on the church website or please contact Janelle Tuntland @ 306.750.8370 or janelletuntland@gmail.com or join the Facebook group: "<u>Mum's Cafe at East Side</u> Church of God"

### East Side Church Staff

Lead Pastor: Kevin Snyder

Worship Arts Pastor: Dave Smith

Director of Care & Admin: Shauna Friesen

Family Ministry Director: Jennifer Klassen

Pastor of Discipleship and Student Ministries: Drew Weber

Associate Pastor of Youth Ministry: Parker Wall

Administrative Secretary: Tracey Stienley





## Love God, Love Others, Learn to Be like Him, Live His Mission

## 2105 Adams St.

Swift Current, SK, S9H 3X6 306.773.4889 306.773.9080 (fax) ofice@eastsidechurch.ca www.eastsidechurch.ca

## FRUIT OF THE SPIRIT #9 – SELF-CONTROL SEPT 5/21

#### **Memory Verse**

1 Cor 10:31 - So whether you eat or drink or whatever you do, do it all for the glory of God.

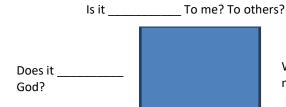
#### Introduction

Why is self-control listed?

- 1. It is so \_\_\_\_\_
- 2. It is often so \_\_\_\_\_\_. Gen 3:6; James 3:8; James 3:2

#### What Have I Learned About Accessing Self-Control through Scripture & Life?

- Jesus Brings \_\_\_\_\_- Gal. 5:13
- Settle the \_\_\_\_\_ Issue Gal 5:24
  - 3. Draw the Lines on the Box 1 Cor 6:12 20



Will I master it or will it come to master me?

Does this reflect my membership in Christ?

- 4. Training versus Trying 1 Tim 4:7; 2 Tim 3:16
- 5. \_\_\_\_\_Community
- 6. <u>Acknowledge your Vulnerabilities -</u> 1 Cor 6:18; 1 Cor 10:41; 2 Tim 2:22; Prov 5

#### **Reflections Questions:**

What was the main take away that God laid on your heart from today?

What did God say to you today about your level of self control? What is your response to that?

How has your self control given God glory over the last year, month, week?

