

Saturate Bible Study 6 **Life with a Capital L**

-Matt Heard

This the final session of our group on Life With a Capital L. We will be starting a new 4 week Zoom study starting the week following Sunday, March 7 called "Daring Faith" by Rick Warren. An apt sub-title would be "Saturated By Faith" as we continue to build on that undergirding theme of "SATURATE" this year

Reading:

Video 12: Job 23:10; Psalm 23:4-5; Psalm 95:7- 8; Isaiah 43:1- 3; Romans 8:28,

2Corinthians 4:8-10, James 1:2- 4

Video 13: Romans 8:18-21; 1Corinthians 15:52-54; 2Peter 3:1-16;

Revelation 21:1- 4, 22:1- 5

Life With a Capital L: Chapter 14,15

Warm-up

Describe a time that you hurt yourself and what you learned from it?

Part 1

Video 12: Steward Your Pain

In our life journey, we enter new realms of maturity by passing through experiences that are often painful. Sometimes the pain comes from our own rebelliousness or knuckleheadedness. Sometimes it comes through the immaturity or sin of other people. Or maybe it's just the result of living in a fallen world. The bottomline is that the broken experience is there, it's painful, and yet it can serve as a gate that will lead us to a greater experience of Life. (Matt Heard Participant Guide, p.77)

- 1. How have you progressed in your handling of difficulties in your life? What has changed in your perspective?
- 2. Read James 1:2-8. What can we learn about positively handling difficulties from this passage? Can you give any examples from your life of how you feel you have become more persevering, complete, or wise as a result of hardships?

Saturate Bible Study 6

- 3. What is your response to Matt's description of "Pasture theology"? What are some things that have caused us to move to another pasture?
- 4. Matt Heard says that roundedness leads to bitterness. Brokenness leads to deeper life. Explain what you think is the difference between soundness and brokenness.
- 5. Describe a person who seems to have gone through so many hardships but amazes you with their perspective ,and attitude? What would you like to gain from them?

Part 2

Video 13: Remember Your Destiny

To be fully human, to live Life with aCapital L, means living a life of significance. And one of the biggest differences between significance and insignificance is having a destiny - knowing we have purpose and are headed somewhere - and then living our life accordingly. (Matt Heard: Participant guide, p. 85)

- 1. What strikes you from Matt's story about his friend dying of pancreatic cancer?
- 2. What does heaven look like to you? What are you most looking forward to in heaven?
- 3. How does the prospect of heaven affect how you live your life right now? (2 Peter 3:11-14)

Summary

As we wrap up this series, how has this study "Life With a Capital L"impacted you? What has changed? How would you like your group members to pray for you as you seek to live more deeply & fully?