



## Saturate Bible Study 4

# Life with a Capital L

-Matt Heard

### Scripture Reading:

Video 8: Jeremiah 1:4-10; Esther 4:1-14; Acts 13:36,47; 1Timothy 1:12-17, 1Corinthians 10:31; Philippians 1:9-11

Video 9: John 4:19-24; Psalm 100; Revelation 1:9-19, 5:6-14

*Life With a Capital L*: Chapter 10, 11

### Warm-up

What did you want to be when you grew up? Can you remember why?

### Part 1

Video 8: Live the Great Story

*God's word tells us the bigger story of what God is doing in history. For us to live life with a Capital L it is important to see our personal story within that bigger story. What is the story that we find ourselves in?*

Discussion Questions:

1. Read Ecclesiastes 2: 1-11(CEV) *I said to myself, "Have fun and enjoy yourself!" But this didn't make sense. 2 Laughing and having fun is crazy. What good does it do? 3 I wanted to find out what was best for us during the short time we have on this earth. So I decided to make myself happy with wine and find out what it means to be foolish, without really being foolish myself. 4 I did some great things. I built houses and planted vineyards. 5 I had flower gardens and orchards full of fruit trees. 6 And I had pools where I could get water for the trees. 7 I owned slaves, and their sons and daughters became my slaves. I had more sheep and goats than anyone who had ever lived in Jerusalem. 8 Foreign rulers brought me silver, gold, and precious treasures. Men and women sang for me, and I had many wives[a] who gave me great pleasure. 9 I was the most famous person who had ever lived in Jerusalem, and I was very wise. 10 I got whatever I wanted and did whatever made me happy. But most of all, I enjoyed my work. 11 Then I thought about everything I had done, including the hard work, and it was simply chasing the wind.[b] Nothing on earth is worth the trouble.*

1.1. List the things the author seeks to find meaning in? What was his conclusion.

How does this relate to modern life? What has been your experience? 1.2

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Read Ecclesiastes 12:13, 14 - What does the wise teacher conclude as the most meaningful life?

2. Read 1Corinthians 10:31. Matt Heard adds: *"Embracing that I am part of the larger story of God's glory will change the way I live out my humanity. It will change the way I eat, drink, do the dishes, and mow the lawn. It will change how I pursue my vocation and enjoy my vacations. It will change the way I love, laugh, and cry."* How does doing "everything" for God's glory change how we go about these daily pursuits?
3. What is your purpose in life? At the end of your life what do you think will enable you to say like the Apostle Paul: *"I have fought well. I have finished the race, and I have been faithful."* ( 2 Timothy 4:6,7 CEV)

## Part 2

Video 9: Bow Down Daily

"We are all wired to worship. You and I have never come across a human being who didn't worship someone or something.

*We may believe in God or not believe in God. Regardless, everyone worships; it's not just church people. We all elevate things to become objects of worship by devoting our time, our energy, our resources, our hopes , and our dreams to them.*

*The issue is not whether we'll worship but who or what we'll worship. Christ's invitation to Life with a Capital L is a summons for my everyday worship to be restored toward the right object."* (Matt Heard: Life with a Capital L Participant Guide)

Discussion Questions:

1. How does Matt's story of pursuing the elk and being pursued by the mountain lion speak to you about life? About worship?
2. What William Temple defines worship this way: *"To worship is to quicken the conscience by the holiness of God, to feed the mind with the truth of God, to purge the imagination by the beauty of God, to open the heart to the love of God, to devote the will to the purpose of God."* Take some time to discuss Temple's definition. How do each of those aspects speak to you? How do each of them enhance our life?
3. How can worship breathe life into our daily existence (work, relationships, everything we do)?
4. What have we gained from the discussion and video tonight that can bring more worship to our life and life to our worship?