



## **Saturate Bible Study 3**

### **Life with a Capital L**

**-Matt Heard**

#### **Scripture Reading:**

Video 6: Psalm 19:1-4; Psalm 84: 1-8; Romans 1:19-23; 1 Cor 13:9-12, Phil 4:8-10

Video 7: John 8:12; John 12:46; Psalm 16:11; Ps119:105; Isaiah 59:10 - 11

Life With a Capital L: Chapter 8, 9

#### **Warm-up**

What is one of the most beautiful places you have been to in your life? What about it captured you?

#### **Part 1**

Video 6: Savor the Beauty

Discussion Questions:

Beauty can beckon us at a deep level regarding the privilege of being human. These are holy moments - sometimes lasting only a few seconds - when we say, "Wow, God, how great is to be alive and to be able to savour that which I am seeing or hearing or feeling! Thank you."

1. Which types of beauty capture you the most?  
Art, Music, Dance, Natural scenery, Human athleticism, Architecture.  
What captures you about it?
2. C.S. Lewis once said that half of the appreciation of beauty is sharing it with someone else. For example, coming around a mountain bend to see a glorious waterfall and valley awakens a desire to share it with someone. What is your response to that thought? How could that relate to worship?
3. Matt Heard says in his book, "All true beauty bears the fingerprint of God." How has beauty influenced your relationship with God? How has God influenced your relationship to beauty?
4. What can we do to tune in more and savour the beauty in the world? ( see Psalm 19:1 - 4, Phil 4: 8,)

### Part 2

Light and life go together. It's true in nature. It's true as well in our journeys as human beings. Life with a Capital L depends on the illumination we have.

Video 7: Turn off the Dark

Discussion Questions:

1. Have you ever experienced a similar experience with darkness that Matt describes? How did his feelings resonate with you?
2. Read John 8:12. What do you think light and darkness refer to? What is inviting about this verse?
3. What do you think most people in our society think about the Bible? How did you see it growing up?
4. How do you respond to Matt's statement about seeing the Bible as not just a guide for my spirituality but as a source of illumination for life (not just about what to believe but about how to live)? How would that perspective influence the way you read and study the Bible?
5. What can you do differently to better access the Bible's wisdom as a source of illumination for life?

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