

### ***Drop-In Volunteers Needed!***

The Center is back to offering Drop-Ins on Friday and Saturday nights. Many of these youth suffer immensely when the Center is not open. Given the pandemic, the volunteer base has shrunk incredibly and they are in desperate need of adult volunteers in order to keep the doors open. If you can help out even once a month, or once every 2 months it would be a great help. To learn more or sign up call the Center at 306-773-3344.

(A criminal record check is required).

### ***Thank You!***

—to the church Governance Board and friends that sent staff treats and cards our way during Pastors Appreciation month.



### **Salvation Army Food Bank**

Here are the items we are low on or out of on a regular basis:

- Sugar
- Juice boxes
- 1 Litre juice
- Canned evaporated milk
- Boxed macaroni and Cheese
- All canned vegetables EXCEPT corn
- All canned fruit
- Fruit cups and apple sauce cups
- All types of soup and broth (canned, boxed, tetra pack etc)
- Canned meat & fish
- Soda crackers
- Hamburger Helper
- Sidekicks (rice or noodle)
- Boxed instant potatoes
- Stove Top Stuffing
- Size 3,4,5,6 diapers
- 2 in 1 shampoo OR shampoo and conditioner
- Deodorant
- Body wash
- Bars of soap
- Dish soap
- Laundry soap (powdered 4-gallon pails from Wholesale Foods are best)

**Thank you for your support!**

Donations can be dropped off at East Side Church or The Salvation Army Food Bank Monday –Thursday.

### **East Side Church Staff**

Lead Pastor: Kevin Snyder

Worship Arts Pastor: Dave Smith

Director of Care & Women's Ministries: Shauna Friesen

Family Ministry Director: Jennifer Klassen

Pastor of Discipleship and Student Ministries: Drew Weber

Associate Pastor of Youth Ministry: Parker Wall

Administrative Secretary: Tracey Stienley

Communications/ Online Productions : Corie Lanceleve

Sunday Nov 7, 2021

Speaker: Pastor Kevin Snyder

# welcome



**Love God, Love Others, Learn to Be like Him, Live His Mission**

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**Blessed Are the Meek**  
**Matthew 5:5 / U-Turn #3**

**WHAT IS MEEKNESS?**

OT = to bend down, bow down

NT = gentle, humble, considerate, courteous "those of a gentle spirit"

Phil:5-11, Isaiah 14:12-15

**2. HOW DOES ONE BECOME MEEK?**

**2.1 Meekness grows from Gratitude for Grace** - Matthew 18: 23 -35

**2.2 Meekness grows with our submission to God** - Romans 8:28

**2.3 Meekness grows with Knowing Who we are** - John 13:1 -3

**3. WHAT DOES MEEKNESS LOOK LIKE IN EVERYDAY LIFE?**

**3.1 Contentment**

*Matt. 5:5 MSG - "You're blessed when you're content with just who you are—no more, no less. That's the moment you find yourselves proud owners of everything that can't be bought.*

**With God's Ways** - Job 2:10, Numbers 12:3, **Within Ourselves** – 1 Tim 6: 6-10

**3.2 Teachability**

**3.3 Humble Service**

**3.4 Self-Control** -2 Cor 10: 1, 3 - 5

**3.5 Not easily offended** - Proverbs 19:11; Numbers 12: 1 – 3

**Wrap-Up**

*Blessed are those who bow down to God and others, who are humble and gentle. These content, teachable, humble servants who are self-controlled, and not easily offended, will find themselves under the showerhead of God's blessing, in a kingdom of peace, and will be as salt and light in this dragon-filled world.*

**Discussion Questions**

- How has your definition of meekness changed over the years? What makes being meek hard?
- How does meekness affect a situation? Speaking practically, what do you think meekness will look in your context?
- Meekness expresses itself attitudinally and behaviorally in contentment, teachability, humble service, self-control, not being easily offended. How can we grow in these? Which one of these speaks most powerfully to you?
- Read Psalm 37. In this Psalm we see an elaboration of "inherit the earth." Based on this Psalm what do you think Jesus was saying when he said the "meek will inherit the earth"? List the results.

The Church office will be closed on Thursday November 11th, for **Remembrance Day**.

***Always Remember Never Forget***



**Volunteer Opportunity**

A new refugee family is coming to Swift Current on Dec 3rd. We are looking for people to welcome them and to help get settled to life in Canada. The team will be organized into specific roles once we have assembled those interested. Talk to Pastor Kevin if you are interested.

**TALK IT OUT**

**TUESDAY AT 7:00 pm** Online ZOOM Group. Call the office to send you a **link** or enter on **ZOOM APP Meeting ID: 248 149 1644**. Everyone welcome! Check the East Side website; **Small Group Bible Study** for more information.



**Sunday, November 21, 2021, 2pm-4pm**

**Cost \$5:00**

If you are facing extreme grief this holiday season, you know there's no easy or quick fix! But we can help you uncover practical holiday survival tips for dealing with a season of despair. Join us for Surviving the Holidays, a 2-hour event featuring real-life stories and a community of caring people. To register, please call or e-mail Shauna at the church. 306.773.4889 or [shauna@eastsidechurch.ca](mailto:shauna@eastsidechurch.ca)

***Baptism Sunday***  
***November 28, 2021***

Would you like to be baptized?  
Call the church at 306.773.4889

