

God is the One and Only



1 Kings 16—18



Watch the Video and Discuss!

- Who controls the rain and crops? (1 Kings 18:1)
- Why didn't God send rain to Israel for three years? (1 Kings 18:16–18)
- On Mount Carmel, how did God show He is the one and only God? (1 Kings 18:38–39)
- How can we worship God as the one and only?

Respond

- Thumb Wrestling Contest

No supplies are needed for this activity. Say, "Elijah challenged the prophets of Baal to a competition against the one and only God of Israel. God demonstrated His power, while Baal was silent. Today we're going to hold our own contest- a thumb wrestling competition." Pair up your family members. "On my signal, you and your partner will have a thumb war where you try to press your partner's thumb down to his fist for three seconds. Be sure to keep your arms and elbows on the table at all times." Have the winners play the winners until there is one winner left. (Or structure your tournament however you like!) After the competition, discuss: "Whom did you think would win the competition from the very beginning? How did the competition on Mount Carmel prove that God is the one and only God?"

Blessing

Read 2 Samuel 7:22

(Child's name) May you know the greatness of God and that there is no one like Him. May you know that He alone is the one and only God.