

SCIENCE!

A simple experiment to give your family a visual representation about how we can be impacted by what we surround ourselves with.

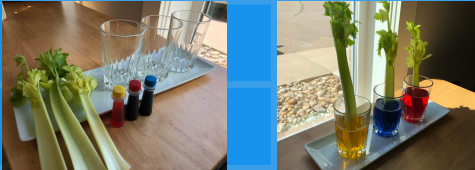
WHAT YOU'LL NEED:

clear glass cups or jars, food coloring, water, knife, fresh celery (leafy pieces), a sunny spot

WHAT YOU DO:

Cut a quarter inch from the bottom of your celery pieces.

Fill your cups half full with water and add food coloring (5-6 drops)
Add your celery to the cups and put in a sunny spot. Leave for about a day.



WHAT YOU SAY:

Make some observations with your celery and read **Luke 6:43-45**.

The celery in the blue water produced blue leaves and veins, just like the red and yellow. If we watch/read/listen to good, godly things (TV, music, movies, books) we will produce good and godly things in the way we talk and how we treat others. If we fill our lives with things that go against God, what will be the result?



WRAP IT UP:

Ask, is there something we're surrounding ourselves with now that we should stop to help guard our hearts?

Pray together as a family for wisdom to know what is good for our hearts and strength to follow through.

